

Date: Tuesday, December 27, 2016
Time: 10:30 am

How Do I Stay Healthy Through the Holidays?

**LOCAL CHIROPRACTOR
WILL SPEAK AND PRO-
VIDE TIPS TO AVOID
FEELING BURNED OUT
AND TIRED THROUGH THE
HOLIDAY SEASON.**



South Pasadena Senior Center

1102 Oxley Street
South Pasadena, CA

For more information call: (626)-403-7360

